



1/27/2010

American Black Belt Academy Monthly Newsletter

First of all, Happy New Year! We need to report that we've got some great stuff going on at the American Black Belt Academy and are excited about how 2010 is shaping up. First of all, we've had a number of new students enroll and it is great to see full beginner's classes again. We awarded eight gold belts on the January belt test! While on the subject of tests, congratulations to those who advanced, and a special recognition to **Jill Honea** (gold) and **Samantha Williams** (purple) who received "Excellent" scores on their tests.

We'd like to thank Master Lynn and Mr. Shown who have made it possible to offer daytime classes again. We kicked off daytime classes this month on Mondays and Wednesdays from 11:30 a.m. to 12:30 p.m. for those folks who can't make an evening class or have the time to catch a quick workout during lunch. This is something we hope will really take off, so let's get the word out.

That whooshing noise you hear on Tuesday nights (and occasionally that painful cracking sound of wood on bone)...yes, that would be Mr. Brown's nunchaku class. This is a six-week session for beginners and is a great introduction to weapons training. At the completion of the course, students will have a basic understanding of nunchaku and will have learned a basic nunchaku form. Watch out for those mirrors!

We've also got some exciting events coming up in February...The American Black Belt Academy is hosting a Kick-a-Thon to raise money for a Taekwondo Museum and Hall of Fame to be built right in our backyard. Grandmaster Kurban and Grandmaster Park, on behalf of the United States Taekwondo Grandmasters Society, are working diligently to bring the Taekwondo Museum to Arlington, TX! The Kick-a-thon will be held on February 6th and all proceeds will go toward the TKD Museum project. We appreciate all of the hard work of ABBA students and families in this fundraiser.

Finally, Grandmaster Kurban will be here on the February 27th for a special fighting seminar. We have signed on with GMK for a series of three seminars this year!

Upcoming Events:

Kick-a-Thon	February 6	ABBA
Referee Seminar/Certification	February 13	ABBA
Taekwondo US Open	February 4-7	Las Vegas, NV
February Belt Test	February 19	ABBA
Grand Master Kurban Seminar	February 27	ABBA
Texas TKD TKL Tournament	March 6	Ft. Worth, TX
Women's Self-Defense Seminar	March 20	ABBA

Don't forget to become a fan of the American Black Belt Academy on Facebook. Write a review, start a discussion, or just stay up with current events.

Steve Schultz | Wade Nelson